

QUIZZ

I can share my syringe with a HEP-C positive for I already have the virus ?

Wrong.
There are several types of hepatitis: you can be double-contaminated.
Furthermore you're at high risk with other blood-borne viruses like HIV or HEP-B.

Wrong.
There is no vaccination against HEP-C. But it THERE IS one against HEP-B. It's another liver disease due to another blood-borne virus.

Is there any vaccine against HEP-C ?

Is HEP-C a blood-borne virus ?

Right.
It can be present in micro droplets invisible to the eye and more air-resistant than VIH.

Wrong.
Discuss it with your doctor.

I'm HEP-C positive. So I won't ever have a child ?

I haven't got bellyache or yellow eyes.
Therefore I don't have HEP-C ?

Wrong.
You must take a blood test. The disease does not show symptoms for years THEN you get sick.

What's hepatitis: liver inflammation.

- Alcohol, psychostimulants and some medications can damage the liver and cause hepatitis.
- There is a jab against HEP-B. Get vaccinated.

What's viral hepatitis: It's a liver disease caused by a blood transmitted virus.

- Liver is a filter. Any consumed product is filtered by the liver.
- Often a symptomless disease hence the importance of screening.
- Highly resistant virus in open air up to one week.
- There is a drug treatment against HEP C but no vaccine
- Mind over contamination, recontamination and HIV co-infection.

SCREENING

Centre de Dépistage Anonyme et Gratuit : CDAG

- Hôpital Fernand Widal : 200 rue du Fbg St-Denis Paris -75010 - M° Gare du Nord
- Groupe hospitalier Bichat Claude-Bernard : 46 rue Henri Huchard - Paris 75018 - M° Pte de St-Ouen

HELPLINES

- HEPATITE INFO SERVICE : 0800 845 800
- DROGUE INFO SERVICE : 0800 231 313

• WEBSITE : www.sante.gouv.fr

HEPATITIS



GAÏA PARIS : 62 bis av. Parmentier-Paris -75011
M° Parmentier - Tel : 01 43 14 81 61



It takes only once ! Get blood-tested !

It takes only once ! Take care !

INJECTIONS

- Do not share sterile disposable tools.
- Do not draw stuff with others out of the same spoon.
- Virus is blood transmitted by sharing syringes and small tools such as spoons..
- HEP C virus remains active in filters like cotton and in the water.
- Virus can be carried by hands when they've been in contact with blood. Mind it for a first initiating shoot or use of garrote.
- Remember to wash hands and ensure hygiene of surfaces and injection spot.
- Use only once small tools and utensils (spoons, cottonwool, filter, water, syringes).

SMOKING

- Do not share pipes.
- One use disposable tools: f.i. mouthpieces to protect the pipe.
- Mind your fingers: using cutters or lighters can cause minor wounds. WOUND = BLOOD = VIRUS
- HEP C virus can be transmitted by bleeding, lip cuts, chaps and burns.
- Remember handwashing.
- Never use utensils twice.

SNIFFING

- Do not share straws.
- One use utensils.
- HEP C hepatitis virus can be transmitted by sharing straws. The virus penetrates through bruised nasal mucous membranes damaged by drugs.
- Badly crushed stuff can be corrosive.
- Rinse nostrils before and after to avoid aggravation of wounds.
- Remember handwashing and hygiene of surfaces used (mirrors, paper, flyers, CD cases...)
- Never use tools twice.

Do not share...

Toothbrushes, nail scissors, razors,...
toothpicks, tweezers, lipsticks,...

Daily

SEX

There may be blood during sexual intercourse :
periods, sexually transmitted diseases... Always use
male and female condoms and gloves.

DAILY

Only sterile and one use disposable tools!

For a tattoo, a piercing, or a scarification...

Daily